



BLISTER PATCHES SELECTION GUIDE

MADE IN MINNESOTA ★ U.S.A. ★

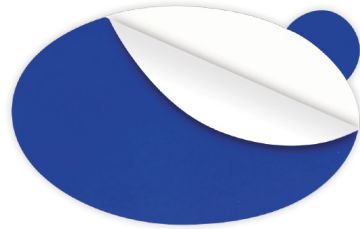


Small Oval Patch

1.5" x 2" • 3.8cm x 5.1cm

RECOMMENDED FOR:

Side and front of toe box of any shoe type. Also popular for high heel shoes and strappy sandals.



Large Oval Patch

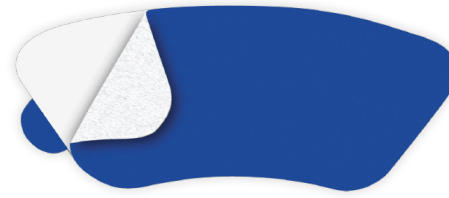
1.75" x 2.75" • 4.4cm x 7cm

RECOMMENDED FOR:

Any type of callus or blister from heel to toe.

TIP:

For heel blisters, position patch vertically in the back of your shoe – wrapping over the top edge, if possible, to prevent snagging your sock when putting shoes on.



Heel Patch

1.5" x 3.625" • 3.8cm x 9.1cm

RECOMMENDED FOR:

Back of the heel for athletic footwear, work footwear, casual and dress shoes, high heels.

TIPS:

- For shoes with padded ridges, place patch below ridge or consider using the Large Oval patches for complete heel protection.
- To extend heel patch life, we recommend using a shoe horn to prevent snagging the top edge of the heel patch when putting on footwear.



Rectangle Patch

2.75" x 3.75" • 7cm x 9.5cm

RECOMMENDED FOR:

Large areas where blisters and calluses occur from aggressive, repetitive rubbing - in boots, skates, helmets, sportsgear, medical equipment, and much more.

TIP:

Trim patch to desired shape/size for custom fit, about 20% larger than area of concern. Round corners to prevent snagging.



For more installation tips and information, visit:
goENGO.com/resources

Available Online and in Specialty Retail Shops in Australia, Canada, New Zealand, South Africa, UK, and the United States
ENGO® Blister Prevention Patches are Manufactured in Minnesota, USA.

Using a patch too large may result in more moving and sliding than you are comfortable with.